



The Bread of Life

John 5:22-59

Bottom Line: Jesus is the bread of life to satisfy, sustain, and savor.

Introduction:

Have you ever been in the room when God moved?

Imagine what it must have been like to be present in the movements of God's power written about in scripture.

Those unique encounters and miracles can really encourage our faith. However, it is easy for those big moments with God to undermine our faith, because we allow those experiences to be ends in themselves.

Truth:

Because of our consumeristic mentality, we tend to chase after big experiences, miraculous answers to prayer, or God to part the skies and perform signs and wonders. Many churches spend their time and resources trying to conjure up these moments.

We become so enticed by the moves of God that we lose our taste for the simple life with God, not realizing that everything God does *for* you and *around* you is supposed to point you back to Himself.

The I AM series is designed to clarify what Jesus, as God in flesh, was really all about. Was Jesus strictly focused on momentous encounters? He answers that when after what is his most well-known miracle story. **Read John 6:22-59.**

Application & Conclusion:

Jesus is the bread which has been blessed, broken, and given for us to savor, that we might taste and see that the Lord is good. As beautiful and wonderful as this may be, some had a tough time hearing it and decided to walk away.

When many of his followers decided to give up on him, Jesus asked if even his closest followers might do the same. Peter, who forsook the Lord many times, replied with some of the most astounding words in the entire New Testament:

“Lord, to whom shall we go? You have the words of eternal life, and we have believed, and have come to know, that you are the Holy One of God” (John 6:68-69).

While many wanted something more appealing than what Jesus appeared to be at the time, Peter realized that his and the other disciples’ eternal hope and satisfaction rested in Jesus Christ alone and nothing else. Where else would they go?

Maybe you’ve been awakened to that reality as well. We often look to good vibes, worldly pleasures, and even spiritual experiences to give us life, but the only place true life is found is in the person and work of Jesus Christ. Would you come to Christ? He won’t send you away. Come be satisfied, find sustenance, and savor on Jesus, who gives himself as a gift of love from God to you.

Reflection Questions:

- 1. What does this teach me about God?**

2. What does this teach me about me?

3. How do I apply this to my life?