



... leading people into a growing relationship with Jesus Christ.

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## South Bay Bible Church Announces New Sermon Series “To Be Honest: Navigating Doubt, Regret, and Burnout”

Beginning Sunday, September 17, at 9:00 and 11:00 a.m., South Bay Bible Church, 578 Montauk Highway, East Moriches, will begin a three-part teaching series entitled, “To Be Honest: Navigating Doubt, Regret, and Burnout.” The series is designed to encourage real people with real problems.

EAST MORICHES, NY – Life is hard and we all know it. South Bay Bible Church, 578 Montauk Highway, East Moriches, is pleased to announce the start of *To Be Honest: Navigating Doubt, Regret, and Burnout* on Sunday, September 17, at 9:00 and 11:00 a.m. Join us in person or online at [southbaychurchli.org/livestream](http://southbaychurchli.org/livestream), Facebook Live, or YouTube.



“Many people believe the Bible is filled with superheroes, people that we all want and pretend to be,” said Matt Horne, pastor. “Surprisingly, the Bible is often more honest about the human condition than we are, which is why it can actually help us.”

Whether you consider yourself a church person or not, you’re invited to join us for this three-part series, *To Be Honest*, as Pastor Matt show us how everyday people can find hope when they decide to get honest with God, others, and themselves.

1. **The Benefit of the Doubt** (Matthew 11:1-11) – September 17: Many people never come to faith because of their questions and fears, but God isn’t offended by your doubt. In fact, the man who was once called the G.O.A.T. also had his own questions. Through his story, we realize that God responds to our doubts with love and compassion.
2. **Giving Regret a Reset** (2 Samuel 11-12; Psalm 32; Psalm 51) – September 24: Have you ever done something that you regret, only to cover it up with more bad decisions? That was the situation that one of God’s servants found himself in. When you’ve found yourself in a deep hole that you dug out yourself, God is able to lift you out and give you a fresh start.
3. **Fired Up or Burnt Out?** (1 Kings 19:1-18; Matthew 11:28-30) – October 1: There’s too much to do and not enough time to do it. Even if you are successful in your tasks, the exhaustion can still make you vulnerable. That was certainly the case for this mighty prophet, who went from the peak of his career to the darkest, most depressing moment of his life.

As a non-denominational Christian church, South Bay Bible Church was started in 2006 with the mission to lead people into a growing relationship with Jesus Christ. The church is dedicated to creating environments where people are encouraged to pursue intimacy with God, community with those in the

church, and influence with those not yet part of the church. For more about South Bay and their upcoming events, please visit [southbaychurchli.org](http://southbaychurchli.org).

About South Bay Bible Church: South Bay Bible Church is a non-denominational Christian church known for Biblical messages applicable to everyday life. The church meets at 578 Montauk Highway in East Moriches, NY. The church's mission is to lead people into a growing relationship with Jesus Christ. Our service schedule includes three convenient times: Sunday morning at 9:00 and 11:00, and online anytime. A nursery and children's church are available. For more information, go to [southbaychurchli.org](http://southbaychurchli.org), call (631) 909-8241, Facebook, or Twitter @sbbcli.

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Note to editor: A full press page with graphics, logos, and videos is available at [www.southbaychurchli.org/press](http://www.southbaychurchli.org/press). News media are invited to cover this event. Please call ahead.

